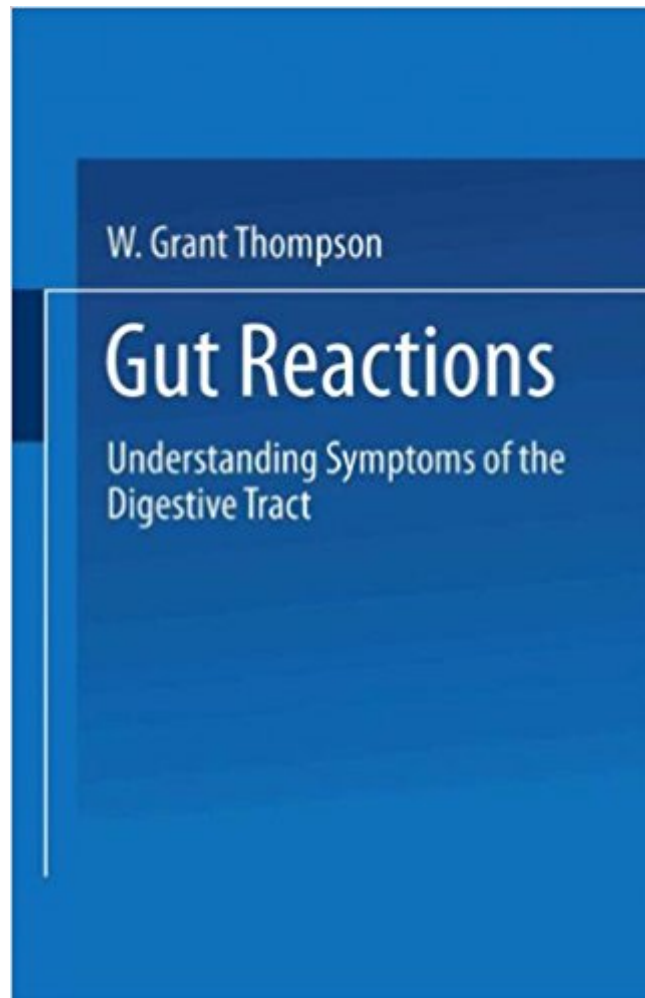




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Gut Reactions: Understanding Symptoms Of The Digestive Tract



Synopsis

How best to deal with such benign problems as the irritable bowel syndrome, diverticula, heartburn, non-ulcer dyspepsia, and gas, among other ailments. For a general audience.

Book Information

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Customer Reviews

How best to deal with such benign problems as the irritable bowel syndrome, diverticula, heartburn, non-ulcer dyspepsia, and gas, among other ailments. For a general audience.

I bought this book for my husband who has gut problems and he got a lot of information and helpful hints for his problem.

I am a board certified gastroenterologist and internist. I purchased this book 9 years ago to help me with the first of many lectures I have given on irritable bowel syndrome. Unlike many other books and articles I obtained for the same lecture, I have retained, re-read and recommended this book above all others. Thinking it was out of print, I recently loaned it to a patient who found it a wonderful, thoughtful, straightforward reference that explained a lot of her symptoms and really made a difference in her life. There is a LOT of literature regarding functional bowel disorders available to the lay-person but this one has just the right mix of science and practicality to warrant my highest recommendation.

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